VASSAR COLLEGE STUDENT ISOLATION/SELF QUARANTINE CONTRACT AND
IMPORTANT INFORMATION SHEET

1. I will remain at my location for the duration of the isolation period. If I must leave the location for any reason, I must notify the appropriate department, wear a mask and practice strict hand hygiene at all times. I will bring the recommended pre-packed bag of clothing, personal hygiene products, thermometer, and electronics and charging cords. Your stay may be for a few days or up to two weeks or more. The Health Service should be able to give you an idea of your approximate stay.

2. I am not permitted to attend work or school outside my dorm room. I will not visit enclosed public spaces (grocery stores, drugstores, department stores, shopping malls, theaters, religious services, community centers) or attend any social gatherings.

3. During this isolation period, I am expected to reside only in the assigned room, and use the bathroom assigned to you. You may not utilize common residential spaces, and you may not participate in any in-person gatherings.

4. I am aware that Vassar College Health Service staff will contact me daily to check my condition and symptoms during the isolation/quarantine period. While under isolation a medical provider will see you via a telemedicine visit. During the isolation/quarantine period, College Residential Life or Health Service staff may also make unannounced visits.

5. Garbage should be bagged and left outside by door for pickup.

6. Contact phone numbers: Vassar College Health Service: 845-437-5800 (health@vassar.edu), Emergency number for Security: 845-437-7333, Non-emergency number for Security or to reach Residential Life: 845-437-5221 reslife@vassar.edu

7. If I experience a life-threatening condition, call Security at 845-437-7333 or 911 and notify the caller you are under isolation/quarantine for COVID-19 infection so that responders can take proper precautions.

8. I will notify Residential Life and/or the Health Service of any needed care or services such as food, supplies, medicine or other supports that I require by calling Residential Life: 845-437-5221, Health Service: 845-437-5800.

9. I may contact Vassar College Health Service for any medical or health questions or concerns with this protocol (845-437-5800).

10. Your meals will be delivered to you each day, dropped off outside your quarantine or isolation location for you to pick up. You will receive a message from dining staff when
your food is delivered, so that you may pick it up in a timely manner. You can order your meals each day. Please note that you must order your meals during the week by 2pm the day prior, and for the weekend by 2pm on Friday. You will make your order by completing the linked form Food Order Guide for Students in Isolation and sending it to Steve Scardina (sscardina@vassar.edu) and Everett Francis (everett.francis@cafebonappetit.com).

11. The Vassar College Counseling Service is available to provide students with emotional/psychological support and same day telehealth appointments at VCCS during work hours as needed, and/or you can contact the counselor on call (845-437-5700) for 24/7 support.

12. The Office of Accessibility and Educational Opportunity is also available to support students and can be reached at 845-437-7584 or email aeo@vassar.edu.

13. If you do not have a computer call the CIS Department to obtain a loaner at 845-437-7224.

14. If you need any other assistance you can contact the CRC at 845-437-5221 and request to speak with the Administrator On Call.

15. If you have any academic questions or concerns please contact Dean of Studies Debra Zeifman dezejfman@vassar.edu or call 845-437-7384.

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Student signature                          Date

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Student ID #                             Quarantine/Isolation Room number